



## BEST PRACTICES COLLECTION TEMPLATE

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<b>Name / title</b>	<b><u>Composting ..... at our fingertips</u></b>
<b>Overview on the materials offered</b>	- Kahoot, photos, mobile phone, external links
<b>Source or link to the materials</b>	<b>Kahoot</b> : <a href="https://create.kahoot.it/details/ff021e48-2489-4767-90b0-743f100dd2b9">https://create.kahoot.it/details/ff021e48-2489-4767-90b0-743f100dd2b9</a> <a href="https://play.howstuffworks.com/quiz/compost-quiz">https://play.howstuffworks.com/quiz/compost-quiz</a> <a href="https://swa.org/DocumentCenter/View/274/Composting-Activity-Sheet-PDF">https://swa.org/DocumentCenter/View/274/Composting-Activity-Sheet-PDF</a> <a href="https://www.youtube.com/watch?v=nxTzuasQLFo">https://www.youtube.com/watch?v=nxTzuasQLFo</a>
<b>Copyright or license issues</b>	<b>In Public Use</b>
<b>Teenagers, adults</b>	<b>Teenagers, adults</b>
<b>Purpose of the proposed materials</b>	<ul style="list-style-type: none"> <li>- identify specific foods for a healthy diet;</li> <li>- specify ways of obtaining these organic foods;</li> <li>- adopt environmentally friendly behaviors</li> <li>- to find ways to produce natural fruit and vegetables without chemical fertilizers, composting food waste;</li> <li>- to remember the steps involved in composting as a natural fertilizer;</li> <li>- to make a compost.</li> </ul>
<b>Description / structure</b>	<p>During the lesson, after a discussion between the teacher and students about healthy eating and food production, the topic will be problematized with the introduction of the question about how to obtain healthy food, obtained in natural conditions, without the addition of chemical fertilizers. Then the material produced on the new lesson to be studied will be presented, entitled <b>Composting ..... at our fingertips</b>. Targets will be announced at the end of the hour. Emphasis will be placed on the steps to be taken to obtain nutrient-rich compost for plants and fruit trees. Bio-waste from food consumption can be composted in specially designed containers, either at household level or at school or at another level. At school, it is collected in bio-composters and monitored continuously.</p>



	<p>The presentation of the video will be accompanied by explanations, interrupting each key element of the topic, and students will be invited to ask questions, express their opinions and offer solutions for healthy eating and solve the puzzle to identify the vocabulary specific to Composting, which they will also use in the homework.</p> <p>In the next lesson, the students will present the compost obtained in their own containers specifying in writing the necessary steps to follow, as well as examples of good practices in obtaining healthy food or different examples of food sources as nutrient-rich alternatives (for example, eating insects).</p>
<p><b>Why are you suggesting it? What can be used to prepare our materials</b></p>	<p>Recently, there is a growing interest in alternative foods and in eating as healthily as possible. Therefore, this topic is sure to be well received and students will learn how they can provide themselves with high quality vegetables and fruit. The proposed activity is an easy way to communicate on such topics, even of personal interest. This activity helps with communication, collaboration and teamwork, planning and developing adaptability and self-awareness.</p>
<p><b>Other useful information</b></p>	<p>In conclusion, this method of improving the quality of vegetables and fruit using the compost obtained will be easy and inexpensive to put into practice and therefore affordable everyone can enjoy a healthy diet.</p>