

## Group Exercise

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| <b>Title</b>            | <b>"Digital Eco Warriors: Creating a Sustainable Digital Footprint"</b>  |
| <b>Objectives</b>       | The group exercise aims to engage students in a collaborative activity where they explore ways to create a sustainable digital footprint and promote responsible digital practices.  |
| <b>Target group(s).</b> | Young people between the ages of 16 and 20   |
| <b>Instructions:</b>    | <ul style="list-style-type: none"> <li>• Divide the students into small groups of 4-5 members each.</li> <li>• Explain to the students that they will be working together as a team of "Digital Eco Warriors" to develop a set of guidelines and recommendations for creating a sustainable digital footprint.</li> <li>• Provide each group with a digital collaboration tool where they can record their ideas.</li> <li>• Assign each group a specific aspect of digital communication to focus on, such as social media usage, online shopping, digital content consumption, or email communication.</li> <li>• Give the groups time to brainstorm and discuss sustainable practices related to their assigned aspect. Encourage them to consider energy consumption, data privacy, electronic waste, and responsible online behavior.</li> <li>• Instruct each group to create a list of sustainable digital communication guidelines and recommendations based on their assigned aspect. They should aim to provide practical tips and actionable steps for individuals to follow.</li> <li>• Once the groups have completed their lists, ask them to present their guidelines to the rest of the class. Each group should explain their chosen aspect, discuss the importance of sustainability in that area, and present their recommendations.</li> </ul> |

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|  | <ul style="list-style-type: none"> <li>• Facilitate a discussion after each presentation, allowing students to ask questions, provide feedback, and engage in a constructive dialogue about sustainable digital practices.</li> <li>• Conclude the exercise by summarizing the key takeaways from each group's recommendations and reinforcing the importance of incorporating sustainability into our digital interactions.</li> </ul>  |
| <b>Benefits of the Role Play:</b>  | <p>Collaboration and Teamwork: The exercise promotes collaboration and teamwork as students work together to develop sustainable digital communication guidelines.</p> <p>Critical Thinking: Students are encouraged to think critically about the environmental and ethical implications of their digital communication practices.</p> <p>Practical Application: The exercise allows students to apply their knowledge and creativity to develop actionable recommendations for creating a sustainable digital footprint.</p> <p>Communication Skills: Presenting their guidelines to the class helps students enhance their communication and presentation skills.</p> <p>Awareness and Empowerment: The exercise raises awareness about the impact of digital communication on sustainability and empowers students to take responsibility for their digital footprint.</p> <p>By participating in this group exercise, students can deepen their understanding of sustainable digital practices, foster teamwork, and develop practical guidelines for creating a sustainable digital footprint.</p> |
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